

## Notice to the persons in quarantine at permanent/temporary address

Dear Sir or Madam,

You have been ordered to quarantine at a permanent or temporary address for a period of 10 days from your last high-risk close contact with a person with COVID-19 or from your arrival in Slovenia (if you were ordered to quarantine upon entering Slovenia). Quarantine is a measure that restricts free movement of healthy people and is ordered by the Ministry of Health on the proposal of the National Institute of Public Health (NIJZ). You will receive the decision for quarantine from the Ministry of Health by mail or on the state border upon entering Slovenia.

You will not be allowed to leave your residence for the entire duration of the quarantine. You will need to take care of the necessities of life, which should be delivered to you by a relative/friend in front of the closed door of your residence. If there is no possibility of care by a relative/friend, contact the local community. During the quarantine, follow the NIJZ recommendations for quarantine at a permanent/temporary address, which are published on the NIJZ website (<https://www.nijz.si/sl/priporocila-za-ravnanje-v-karanteni-na-stalnemzacasnem-naslovu>).

If you have been **ordered to quarantine upon entry into Slovenia**, you may test for SARS-CoV-2 (COVID-19) during the quarantine in accordance with the *Ordinance of imposing and implementing measures to prevent the spread of epidemic COVID-19 at the border crossing points at the external border and inspection posts within national borders of the Republic of Slovenia*. If the test result is negative, the quarantine can be terminated. For quarantine termination notify the Ministry of Health by e-mail to [karantena.mz@gov.si](mailto:karantena.mz@gov.si) and attach proof of the negative test. The Ministry of Health will confirm the cancellation of the quarantine decision by replying to the e-mail.

If you have been **ordered to quarantine due to a high-risk contact with a person with COVID-19**, the duration of the quarantine is not shortened even if you are tested for SARS-CoV-2 during the quarantine and the result of the test is negative.

Within a period of 14 days from the last high-risk close contact with a person with COVID-19 or 14 days from arrival in Slovenia, monitor your health using the Table for health monitoring which is available at the above-mentioned website. If during this period you develop signs of a respiratory infection (e.g., malaise, cold, cough, fever, difficulty breathing) or other symptoms listed in the table for health monitoring, call your personal physician or doctor on duty for further instructions. Tell the doctor that you are/you have been in quarantine.

Even after the end of the quarantine avoid all unnecessary close contact with other people until 14 days have passed since the last high-risk close contact with a person with COVID-19 or until 14 days have passed since arrival in Slovenia. This is especially important for contacts with the elderly, those with chronic diseases and immunocompromised persons (cardiovascular disease, respiratory diseases, diabetes mellitus, impaired kidney function,

cancer...), as they are at higher risk for severe illness. Testing after the end of quarantine is not necessary.

We would like to inform you that in accordance with the *Act on Intervention Measures to Prepare for the Second Wave of COVID-19*, the worker must notify the employer that he has been ordered to quarantine and about the reasons for the quarantine, no later than three working days after the quarantine was ordered. He must also provide the employer with the quarantine decision within three working days of receiving it.

Thank you for your cooperation and best regards,

Center for Communicable Diseases (CNB)  
National Institute of Public Health (NIJZ)