

What is the novel Coronavirus (SARS-CoV-2)?

The first reported cases occurred among persons that had visited a wet market in Wuhan, China.

An outbreak of a new coronavirus has spread to other countries and developed into a pandemic.

What are the symptoms?

The virus can cause symptoms such as cough, fever, shortness of breath, or mild symptoms of the common cold.

NIJZ advises against all travel abroad. Recommendations apply only for urgent non-deferrable travel



Recommendations for returning travelers

If you develop symptoms of the common cold, fever, cough or have difficulty breathing after your return:

1. Stay at home and do not have contact with other people.
2. Call your doctor or a doctor on call or an emergency service (112) for advice.
3. Wash your hands with soap and water, cover your mouth and nose with a tissue or a sleeve when coughing or sneezing.

If you do not develop any symptoms, follow the general preventive measures and restrictions.



Recommendations in case of an urgent travel



Avoid contact with sick people, in particular those with a cough. Before or during the flu season, get a flu vaccine.



Wash your hands with soap and water.



Avoid contact with animals, their excretions or droppings.



Avoid visiting markets and places where live or dead animals are handled.